

**London Heathside  
Provisional  
Summer Fixture  
List 2018**

Blue indicates home event at  
Finsbury Park

Red indicates UK holiday

Date	Event	Venue	Comment
<b>JANUARY</b>			
21-Jan	Fred Hughes 10k	St. Albans	<a href="https://www.activetrainingworld.co.uk/events">https://www.activetrainingworld.co.uk/events</a>
<b>FEBRUARY</b>			
04-Feb	Watford Half Marathon	Watford	<a href="https://www.activetrainingworld.co.uk/events">https://www.activetrainingworld.co.uk/events</a>
07-Feb	BMC Lee Valley Open (800m) - Indoor	Lee Valley	
14-Feb	Lee Valley middle distance Open - Indoor	Lee Valley	
<b>MARCH</b>			
04-Mar	Mini-marathon trials	Finsbury Park	U11, U13, U15, U17
10 and 11-Mar	British Masters Championships - Indoor	Lee Valley	
17 and 18-Mar	Middlesex County Championships - Indoor	Lee Valley	
18-Mar	SEAA road relays	Milton Keynes	
18-Mar	Finchley 20k	Finchley	<a href="https://www.activetrainingworld.co.uk/events">https://www.activetrainingworld.co.uk/events</a>
31-Mar	Herne Hill Harriers Open Meeting (events TBC)	Tooting Bec	
<b>APRIL</b>			
30-Mar to 2-Apr	Easter		
02-Apr	Lee Valley Open Meeting (150m, 300m, 600m, 1000m, HT, DT)	Lee Valley	Entry deadline 27-Mar
04-Apr	Watford Open Meeting (100m, 200m, 1500m, 3000m, LJ)	Watford	Online entry only <a href="https://entries.opentrack.run/">https://entries.opentrack.run/</a>
04-Apr	Highgate Open Meeting Lee Valley Open Meeting	Parliament Hill	
07-Apr	(400mH, sprint H, 100m, 200m, 400m, 800m)	Lee Valley	Entry deadline 7-Apr
14-Apr	SAL	Ipswich	
18-Apr	Watford Open Meeting (200m, 400m, 800m, HJ)	Watford	Online entry only <a href="https://entries.opentrack.run/">https://entries.opentrack.run/</a>
21-Apr	Middlesex YA League	Parliament Hill	
22-Apr	London Marathon	London	
25-Apr	Outdoor sprint meeting (100m, 200m)	Lee Valley	Entries on day accepted
<b>MAY</b>			
02-May	Watford Open Meeting (100m, 1500m, 3000m, BMC, TJ)	Watford	Online entry only <a href="https://entries.opentrack.run/">https://entries.opentrack.run/</a>
07-May	BANK HOLIDAY		
07-May	Herne Hill Harriers Open Meeting (events TBC)	Tooting Bec	

08-May	LH Club Champs Pt 1 (100m, 400m, 1500m, PV, LJ, JT, HT)	Finsbury Park	Provisional date	
09-May	London 5k Fest	Lee Valley	Entry deadline 1-May	
11 to 14-May	LH Club Training Weekend	Sandy Balls		
12 and 13-May	Middlesex Champs	Lee Valley		
14-May	SC Vets League	Lee Valley		
16-May	Watford Open Meeting (200m, 400m, 800m, PV)	Watford	Online entry only	<a href="https://entries.opentrack.run/">https://entries.opentrack.run/</a>
19-May	Night of the 10000m	Parliament Hill		
20-May	Hornsey YMCA 10k	Crouch End	Rob Jackson Trophy	<a href="http://www.ymcanorthlondon.org.uk/entry-for-races/">http://www.ymcanorthlondon.org.uk/entry-for-races/</a>
20-May	SAL	Croydon		
23-May	Outdoor sprint meeting (100m only)	Lee Valley	Entries on day accepted	
26-May	Middlesex YA League	Perivale		
28-May	<b>BANK HOLIDAY</b>			
30-May	Watford Open Meeting (100m, 1500m, 3000m, PV)	Watford	Online entry only	<a href="https://entries.opentrack.run/">https://entries.opentrack.run/</a>
31-May	LH Open Meet Pt 1 (100m, 200m, 300m, 400m, 1000m, LJ, SP)	Finsbury Park	Provisional date	
<b>JUNE</b>				
03-Jun	Regents Park 10k	Regents Park	Rob Jackson Trophy	<a href="http://www.regentsparkraces.org/">http://www.regentsparkraces.org/</a>
06-Jun	Outdoor sprint meeting (100m, 200m)	Lee Valley	Entries on day accepted	
09 and 10-Jun	SEAA Champs <u>U20s &amp; Snr</u>	Bedford		
11-Jun	SC Vets League	Stevenage		
13-Jun	Watford Open Meeting (200m, 800m, BMC, SP)	Watford	Online entry only	<a href="https://entries.opentrack.run/">https://entries.opentrack.run/</a>
17-Jun	Middlesex YA League	Finsbury Park		
20-Jun	Outdoor sprint meeting (100m only)	Lee Valley	Entries on day accepted	
23-Jun	SAL	St Albans		
27-Jun	Four Fest (400m)	Lee Valley	Entries on day accepted	
27-Jun	Watford Open Meeting (100m, 1500m, 3000m, LJ)	Watford	Online entry only	<a href="https://entries.opentrack.run/">https://entries.opentrack.run/</a>
30-Jun	Herne Hill Harriers Open Meeting (events TBC)	Tooting Bec		
<b>JULY</b>				
02-Jul	SC Vets League	Lee Valley		
04-Jul	Outdoor sprint meeting (100m, 200m)	Lee Valley	Entries on day accepted	
05-Jul	LH Open Meet Pt 2 Finsbury Park 5000s	Finsbury Park	Provisional date	
07 and 08-Jul	SEAA Champs <u>All Ages Combined Events</u>	Oxford		
11-Jul	Watford Open Meeting (400m, 800m, BMC, HJ)	Watford	Online entry only	<a href="https://entries.opentrack.run/">https://entries.opentrack.run/</a>
14-Jul	SAL	Finsbury Park		
17-Jul	LH Club 5k Handicap	Highgate Wood	Rob Jackson	
18-Jul	Outdoor sprint meeting (100m only)	Lee Valley	Entries on day accepted	
22-Jul	Middlesex YA League	Allianz Park		
23-Jul	SC Vets League	Hemel Hempstead		

25-Jul	Watford Open Meeting (200m, 1500m, 3000m, TJ)	Watford	Online entry only	<a href="https://entries.opentrack.run/">https://entries.opentrack.run/</a>
30-Jul	Battersea relays (3 x 1 mile)	Battersea Park	Rob Jackson Trophy	<a href="https://www.eventrac.co.uk/enter-race/1076#anchor">https://www.eventrac.co.uk/enter-race/1076#anchor</a>

## AUGUST

01-Aug	Outdoor sprint meeting (100m, 200m)	Lee Valley	Entries on day accepted	
08-Aug	Watford Open Meeting (100m, 800m, BMC, SP)	Watford	Online entry only	<a href="https://entries.opentrack.run/">https://entries.opentrack.run/</a>
11 and 12-Aug	SEAA Champs <u>U15s &amp; U17s</u>	Lee Valley		
13-Aug	Battersea 5k	Battersea Park	Rob Jackson Trophy	<a href="https://www.eventrac.co.uk/enter-race/1075#anchor">https://www.eventrac.co.uk/enter-race/1075#anchor</a>
15-Aug	Outdoor sprint meeting (100m only)	Lee Valley	Entries on day accepted	
18-Aug	SAL	Thurrock		
22-Aug	Watford Open Meeting (200m, 400m, 1500m, 3000m, LJ)	Watford	Online entry only	<a href="https://entries.opentrack.run/">https://entries.opentrack.run/</a>
25-Aug	Herne Hill Harriers Open Meeting (events TBC)	Tooting Bec		
27-Aug	<b>BANK HOLIDAY</b>			
29-Aug	Outdoor sprint meeting (100m, 200m)	Lee Valley	Entries on day accepted	

## SEPTEMBER

01-Sep	Queen Elizabeth Olympic Park 10k	Q.E. Olympic Park	Rob Jackson Trophy	<a href="https://www.theraceorganiser.com/enter-race/776#anchor">https://www.theraceorganiser.com/enter-race/776#anchor</a>
04-Sep	LH Club Champs Pt 2 (200m, 800m, 5000m, HJ, TJ, SP, DT)	Finsbury Park	Provisional date	
05-Sep	Watford Open Meeting (100m, 200m, 800m, 3000m, HJ)	Watford	Online entry only	<a href="https://entries.opentrack.run/">https://entries.opentrack.run/</a>
08-Sep	Throws Fest (SP, JT, HT, DT)	Lee Valley	Entry deadline 2-Sep	
12-Sep	Highgate Open Meeting	Parliament Hill		

## OCTOBER

07-Oct	Middlesex 10k	Victoria Park	Rob Jackson Trophy	<b>PROVISIONAL DATE</b>
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### Additional regular open meetings and races

Battersea 5k races and mile relays	<a href="https://uk.srichinmoyraces.org/races/london">https://uk.srichinmoyraces.org/races/london</a>
Herne Hill Open Meetings	<a href="http://www.hernehillharriers.org/category/events/fixtures/">http://www.hernehillharriers.org/category/events/fixtures/</a> <a href="https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletics-centre/competition-entry-forms/sprints-meetings/">https://www.visitleevalley.org.uk/en/content/cms/outdoors/athletics-centre/competition-entry-forms/sprints-meetings/</a>
Lee Valley Sprint Open Meetings	<a href="https://www.visitleevalley.org.uk/en/content/cms/whatson/four-fest/">https://www.visitleevalley.org.uk/en/content/cms/whatson/four-fest/</a>
Lee Valley Four Fest	<a href="http://www.londonathletics.org/licc">http://www.londonathletics.org/licc</a>
LICC Open Meetings	<a href="http://www.wgel.org.uk/index.php/open-graded-meetings">http://www.wgel.org.uk/index.php/open-graded-meetings</a>
Woodford Green Open Meetings	

<b>Contacts</b>		
<b>SAL women (U17, U20, Snr)</b>	Noëlle O'Regan	<a href="mailto:noelleoregan@gmail.com">noelleoregan@gmail.com</a>
<b>SAL men (U17, U20, Snr)</b>	Richard Macaulay	<a href="mailto:rm394@hotmail.co.uk">rm394@hotmail.co.uk</a>
<b>MYAL girls (U11, U13, U15, U17)</b>	Ruth Miller	<a href="mailto:Ruthmiller277@gmail.com">Ruthmiller277@gmail.com</a>
<b>MYAL boys (U11, U13, U15, U17)</b>	Russell Weston	<a href="mailto:russell@terminex.co.uk">russell@terminex.co.uk</a>
<b>Vets League women</b>	Mary Kehoe	<a href="mailto:helenekehoe@gmail.com">helenekehoe@gmail.com</a>
<b>Vets League men</b>	Zac	<a href="mailto:zac@cgsystems.co.uk">zac@cgsystems.co.uk</a>

#### **Useful links**

Middlesex County <http://www.middlesexaa.org.uk>  
 Middlesex YA <https://www.myal.org.uk>  
 League  
 Southern Athletics <http://www.southernathletics.org.uk>  
 League  
 South of England <http://www.seaa.org.uk>  
 Athletics

Watford Open  
Meetings

<http://www.watfordharriers.org.uk/OpenindexF.htm>