

## **LONDON HEATHSIDE**

Formed on the 1st of April 2000 by amalgamation of MUSWELL HILL RUNNERS (formed 1981) and NORTH LONDON ATHLETIC CLUB (formed 1972 by amalgamation of Camden Athletic Club (formerly Wigmore Harriers founded 1885) and Hornsey Athletic Club (formerly Hornsey St Mary's Harriers founded 1904))

### **CONSTITUTION AND CLUB RULES**

#### **1. NAME**

The Club shall be known as London Heathside ('The Club').

#### **2. OBJECTS**

The objects of the Club are the promotion of training for, and competing in Track & Field Athletics, Cross-Country Running, Road Running, Fell Running and Triathlon.. The Club is non-profit making.

#### **3. MEMBERSHIP**

The Club is an equal opportunities organisation. It is the policy of the Club to promote equal opportunities for all people regardless of ability/disability, race, nationality, colour, ethnic or national origins, marital status, gender, and sexual orientation, political or religious beliefs. The Club shall not knowingly act in any way that is an infringement of a member's human rights.

a) A new applicant for membership of the Club must apply in writing or via electronic mail on a form provided for that purpose. They must agree to be bound by the Constitution and Rules of the Club and the rules of the England Athletics and any other governing body, insofar as they apply to members of affiliated clubs. Any new applicant for membership under the age of 15 must have their form also signed by a parent or guardian.

b) Any application received shall be placed before the committee at the earliest opportunity. No applicant shall be admitted to membership until their application has been approved by a majority of the committee and their subscription has been received. Once accepted, the Membership Secretary shall notify them of their acceptance and supply them a membership card and, should they so request a copy of this

Constitution and Club Rules.

- c) A member wishing to resign from the Club must inform the Honorary Secretary in writing.
- d) Any member guilty of misconduct (i.e.: behaviour contrary to the constitution of the Club) may be cautioned by the Committee in writing once, or expelled from the Club by a majority decision of the committee. Any person expelled will have the right to appeal that decision to an Appeals Committee. The Appeals Committee shall consist of one ordinary member of the Club chosen by the appellant, the Honorary Secretary of the Club and a suitably qualified independent Chair who is not a member of the Club and who is acceptable to the appellant. Any hearing before the Appeals Committee is a complete rehearing of the matter and the appellant is entitled to any evidence presented to the Committee. The appellant is also entitled to the minutes of the committee meeting at which expulsion was agreed and has the right to make representations to the Appeals Committee and be represented if they so wish. Any meeting of the Appeals Committee is open to any member of the Club. Any decision of the Appeals Committee shall be on the balance of probabilities as to whether the appellant's membership should be terminated in accordance with the provisions of these rules.
- e) Those members awarded Life Membership by North London A.C. shall retain this within the Club. Further Life Memberships will not be awarded, though the committee reserves the right to award annual 'honorary' membership to any member deemed to deserve such a reward for their work for or services to the Club.
- f) It is expected that each Young Adult and each Senior Member will volunteer on at least one occasion in the course of each year

#### **4. SUBSCRIPTIONS**

The Annual Subscription of the Club shall be decided by the Annual General Meeting and is payable on joining, and subsequently on the first day of the month following the month of joining each year. There shall be four categories of membership as detailed hereunder:

**SENIOR:** 23 years and over on the day of joining/renewal

**YOUNG ADULT:** 18-22 years old on the day of joining/renewal

**UNWAGED:** Those who are 18 years and over on the day of

joining the club or renewing membership who are unemployed, retired or a full-time student. Proof of status may be required upon request.

**JUNIOR:** Under 18 years on the day of joining/renewal.

Subscriptions shall be waived for any junior member who has two or more siblings who are already members of the Club. There is also a penalty determined by the Annual General Meeting for members who fail to renew their membership within two months of its expiry.

The Committee shall have the power to expel any member whose subscription is twelve months in arrears provided one month's notice in writing shall have been sent to such member at their last known address, informing them of this proposed action. The name and address of any person expelled in accordance with this paragraph or paragraph 3d shall be forwarded to England Athletics. Every person who has been so entered in the Suspension Book shall be suspended from competing at any meeting held under UK Athletics rules. In the case of non payment of subscription that person will be suspended until the liability causing their said expulsion, which shall not exceed one year's subscription, shall have been discharged.

## **5. MANAGEMENT**

- a) The management of the Club is vested in a Committee consisting of: -  
The Chair; The Secretary; The Treasurer; The Membership Secretary; The Minutes Secretary; The Social Secretary; The Welfare officer; The Volunteers Secretary; The Coaching and Athlete Development Coordinator; The Heads of Road Running, Tri-athlon, Young Athletes, Cross Country and Fell Running, Track and Field and Communications; Committee Member responsible for FPSP liaison; a maximum of 3 further committee members "without portfolio"
- b) The committee may co-opt onto the Committee any other members deemed appropriate and each of the holders of the roles mentioned in 5 (a) may co-opt members onto a sub-committee. Additionally at least two auditors will be appointed to audit the Financial Statement produced annually by the Honorary Treasurer.
- c) The officers of the Committee mentioned in paragraph 5a) above shall be elected to office at the Annual General Meeting and shall hold office

until the next Annual General Meeting when they are subject to re-election.

d) The Committee shall meet a minimum of 4 times a year and a maximum of every two months. The quorum for a meeting of the Committee is five. All decisions of the Committee shall be by a majority vote, the Chair shall have a casting vote in the event of a tie.

e) The Committee has the power to delegate any of its functions, responsibilities and powers to a sub-committee, which the committee may appoint for any given purpose. The membership, constitution and powers of any such sub-committee is at the absolute discretion of the Committee

## **6 GENERAL MEETING**

a) A General Meeting shall be held annually in the month of June to receive the Committee's report and the Honorary Treasurer's audited financial statement, elect Officers and to deal with any other matter specified on the agenda.

b) The Honorary Secretary must give 14 days notice of the Annual General Meeting by ordinary post or electronic mail to each member's last given address. This notice shall contain the agenda, a list of those nominations which have been proposed for the appointment of Officers and members of the Committee, and particulars of all other matters specified on the agenda.

c) Notice of any business which it is desired to place on the agenda must be given in writing to the Honorary Secretary at least 28 days prior to the meeting.

d) The quorum for the Annual General Meeting shall be twenty.

e) Any paid up member of the Club aged 18 and above has the right to vote at an Annual General Meeting. Junior members may attend and speak but may not vote and cannot form part of the quorum.

f) Changes to the constitution or rules will require the consent of two thirds of the members present at the Annual General Meeting. Other motions may be passed by a simple majority. In the event of an equal

vote, the Chair of the meeting will have the casting vote. g) An Extraordinary General Meeting shall be called within 28 days of

receipt by the Honorary Secretary of a written requisition signed by 15 members or of an appropriate resolution by the committee which shall

specify the reasons for calling the Extraordinary General Meeting. A notice shall be dispatched to every member not less than 14 days before the date fixed for the meeting and shall set out the reasons for the meeting and the matters proposed to be discussed. The meeting shall have no power to deal with any other matter. The rules stated regarding an Annual General Meeting in paragraphs 6d, 6e and 6f shall also apply to an Extraordinary General Meeting.

## **7. RULES OF COMPETITION**

- a) The club colours shall be navy, red and gold and of a design approved by the committee. All members when competing as representatives of the club shall wear the club colours.
- b) All club events shall be held under the rules of UK Athletics and England Athletics
- c) Only paid up members of the Club shall be allowed to receive prizes in club championship events.

## **8. DISSOLUTION**

- a) The Committee, by a two thirds majority at a quorate meeting, may propose dissolution of the Club. They must then call an Extraordinary General Meeting giving 28 days notice to all club members. In all respects other than the notice period this meeting shall be governed by the rules stated in paragraph 6g above. If the motion is passed by a two thirds majority the Club is then dissolved.
- b) Alternatively 50 paid up members of the club aged 18 and above, or 50% of the current membership aged 18 and above, whichever is the fewer, may petition the Honorary Secretary in writing to call an EGM in which the conditions in paragraph 8a will apply with respect to calling the meeting and voting at it.
- c) Upon dissolution, any funds remaining after all debts have been paid shall be donated to Middlesex County AA to be used in the furtherance of Athletics in the county.

This Constitution was adopted in draft form at a Annual General Meeting held on 3/7/00. It was approved by the Annual General Meeting held on the 25th June 2001 and amended at the 2013 AGM.

SIGNED

**CHAIRMAN**

**SECRETARY**