FINSBURY PARK TRACK RESULTS

Covid-19 Finsbury Park Athletics Series, Finsbury Park, 9th October 2020

100m Race 1 1st 2 nd 3rd	Imani Quamina (U15G) Casia Langley-Bradshaw (U13G) Jade Tuite (U15G)	London Heathside London Heathside Highgate Harriers	13.4 AAA Grade 4 14.4 AAA Grade 4 15.3
Race 2 1st 2 nd 3rd 4th 5th	Taysia Thorbourne (U17W) Laila Tempesta (U15G) Suraya Frost (U13G) Carmen Elliott Helene Kehoe (V55W)	London Heathside London Heathside London Heathside Highgate Harriers London Heathside	13.1 AAA Grade 4 13.7 14.0 AAA Grade 3 14.6 15.0
Race 3 1st 2 nd 3rd 4th 5th	Magdeline Paitoo (U13G) Martha Jolly (U13G) Dominion Morakinyo (U15G) Naiomi Kitashiba-Dias (U13G) Amelia Atkins (U15G)	London Heathside London Heathside London Heathside London Heathside London Heathside	13.5 PB New Club Record AAA Grade 1 14.0 AAA Grade 3 14.7 15.1 15.8
Final 1st 2 nd 3rd 4th 5th 6th	Taysia Thorbourne (U17W) Magdeline Paitoo (U13G) Laila Tempesta (U15G) Imani Quamina (U15G) Suraya Frost (U13G) Martha Jolly (U13G)	London Heathside London Heathside London Heathside London Heathside London Heathside London Heathside	13.3 13.6 AAA Grade 1 13.8 13.9 14.0 AAA Grade 3 14.3
Race 1 1st 2 nd 3rd 4th	Sean Wilson (U20M) Jeffrey Chu Joshua Ndionyemma (U20M) Adrian Essex (V60M)	Highgate Harriers London Heathside London Heathside London Heathside	11.4 11.7 12.2 14.1
Race 2 1st 2 nd 3rd 4th	Asha Osei Oliver Hill Trey Corlis (U15B) Inigo Woodhamsmith-Smith	London Heathside Highgate Harriers London Heathside London Heathside	11.4 11.8 12.0 AAA Grade 3 12.4
Final 1st 2 nd 3rd 4th 5th 6th	Asha Osei Sean Wilson (U20M) Jeffery Chu Trey Corlis (U15B) Oliver Hill Joshua Ndionyemma (U20M)	London Heathside Highgate Harriers London Heathside London Heathside Highgate Harriers London Heathside	11.2 11.3 11.4 11.8 AAA Grade 2 12.1



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800m	Montin Dovid	Landon Hoothaida	2.06.7
1st 2 nd	Martin Boyd	London Heathside	2:06.7
	Paul Ojo (U17M)	VPH&TH	2:06.8
3rd	Sam Ingram (U17M)	London Heathside	2:19.9
4th	Arthur Reed (U17M)	London Heathside	2:20.3
5th	Joseph Lamb (U17M)	VPH&TH	2 :20.7
1500m			
150011	Aaron Roberts (U17M)	Great Yarmouth & Dist	4 ·27
2 nd	Roni Kizikaya (U17M)	London Heathside	4:32.9
2 3rd	Janak Subberwal (U17M)	London Heathside	4:47.7
4th	Roger Wilcox (U17M)	Highgate Harriers	4:51.7
5th	Nicole Edmunds		
6th		Hastings VPH&TH	4:53.7 4:59.8 PB AAA Grade 1
7th	Lyra MacDonald (U13G)		5:13.5
7111	Sophie Peach (U20W)	City of Norwich	5 .15.5
5000m			
Race 1			
1st	Eric Beale (U13B)	London Heathside	19:03.1 PB New Club Record
2 nd	Hannah Wells	Hillingdon	19:06.6
3rd	Baard Lyngnes (V50M)	London Heathside	19:16.7
4th	James Hamilton (V40M)	Wimbledon Windmilers	
5th	Nadi Jahangiri (V50M)	Highgate Harriers	19 :38.7
6th	Sophie Anne Flanagan	Sepentine	20:29.9
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Race 2			
1st	Alex Sweet	London Heathside	17 :33.5
2^{nd}	Paul Beale	London Heathside	18:02.7
3rd	Kate Carter (V40W)	Wimbledon Windmilers	s 18 :22.0
4th	Christopher Burke	London Heathside	18:29.6
5th	Nicholas Hinde	Highgate Harriers	18:35.1
6th	Lisa Wenninger	Highgate Harriers	18 :54.4
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Race 3			
1st	Matthew Field	London Heathside	16 :43.3
2 nd	Yasmin Goater (SW)	Highgate Harriers	16 :44.9
3rd	Hannah Viner (SW)	Highgate Harriers	16 :46.4
4th	Alex Galloway	London Heathside	17 :03.8
5th	William Fielding	Hillingdon	17 :12.6
6th	James Hughes	Wimbledon Windmilers	s 17 :13.4
7th	Alex Davidson (V50M)	Highgate Harriers	17 :21.4
8th	Will Morris	Barnet & District	17 :59.8
Race 4			
1st	Seyfu Jamaal	London Heathside	14 :41.0
2 nd	Tyler Bilyard (U20M)	City of Norwich	16 :10.8
3rd	Kevin Fini	Harrow	16 :27.3
4th	Ismail Abukar	London Heathside	16 :44.6
5th	Holly Dixon	Cambridge Harriers	16 :56.3



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High Jump

Etienne Munday (U17M)	London Heathside	1.65m
Sam Ingram (U17M)	London Heathside	1.55m
Benjy Bediako (U13B)	London Heathside	1.35m AAA Grade 3
Harry Conley (U13B)	London Heathside	1.30m AAA Grade 4
Sam Turner (U13B)	London Heathside	1.30m AAA Grade 4
Thomas Conley (U13B)	London Heathside	1.30m AAA Grade 4
Lana Tuite (U13G)	Highgate Harriers	1.30m AAA Grade 3
Adrian Essex (V60M)	London Heathside	1.25m
Greg Berrisford-Sweet (U15B)	London Heathside	1.15m
Ben Ryan (U13B)	London Heathside	1.10m
	Sam Ingram (U17M) Benjy Bediako (U13B) Harry Conley (U13B) Sam Turner (U13B) Thomas Conley (U13B) Lana Tuite (U13G) Adrian Essex (V60M) Greg Berrisford-Sweet (U15B)	Sam Ingram (U17M) Benjy Bediako (U13B) Harry Conley (U13B) Sam Turner (U13B) Thomas Conley (U13B) London Heathside London Heathside London Heathside London Heathside Highgate Harriers Adrian Essex (V60M) Greg Berrisford-Sweet (U15B) London Heathside London Heathside

Long Jump

1st	Christian Pugsley	Exeter Harriers	5.93m
2 nd	Martha Jolly (U13G)	London Heathside	4.60m PB New Club Record AAA Grade 1
3rd	Magdeline Paitoo (U13G)	London Heathside	4.56m PB AAA Grade 1
4th	Imani Quamina (U15G)	London Heathside	4.41m
5th	Suraya Frost (U13G)	London Heathside	4.26m PB AAA Grade 3
6th	Laila Tempesta (U15G)	London Heathside	4.17m PB
7th	Dominion Morakinyo (U15G)	London Heathside	3.70m
8th	Lana Tuite (U15G)	Highgate Harriers	3.51m

Races started by a gun, Hand Times, No Photo-finish

