

London Heathside Handicap Race 2004

Women's Race

Position	First Name	Last Name	Recorded Time	Handicap	Run Time	
1	Jane	Hazell	15:14	10:00	25:14	Winner
2	Carlene	Hutchinson-Norris	15:18	11:45	27:03	
3	Emily	Brassfield	18:37	04:15	22:52	Fastest debut
4	Jo	King	18:43	00:00	18:43	Fastest runner
5	Caroline	White	18:47	03:00	21:47	
6	Jane	Laws (guest)	18:56	-0:15	18:41	
7	Vanessa	Parry	19:11	00:15	19:26	Fastest veteran
8	Liz	Willens (guest)	19:19	03:00	22:19	
9	Jackie	Wastell	19:43	01:00	20:43	
10	Jacqueline	Watt	20:19	01:15	21:34	
11	Ruth	Staff	21:55	03:30	25:25	

Men's Race

Position	First Name	Last Name	Recorded Time	Handicap	Run Time	
1	Anthony	Burns	14:11	12:45	26:56	Winner
2	Adrian	Norris	14:39	12:15	26:54	
3	Orlando	Hill	14:44	06:30	21:14	
4	Simon	Moore	14:46	05:30	20:16	
5	James	Taggart	14:50	06:00	20:50	
6	David	Browne	14:53	01:15	16:08**	Fastest runner
7	Malcolm	Hinsley	14:53	03:00	17:53	
8	Tony	Killilea	15:01	03:45	18:46	
9	Paul	Addison	15:04	03:30	18:34	Fastest debut
10	Richard	Bryon	15:05	05:00	20:05	
11	John	Flahive	15:06	01:30	16:36	
12	Austin	Platt	15:07	05:15	20:22	
13	Richard	Browne	15:09	01:30	16:39	
14	Andy	Welshman	15:10	02:30	17:40	
15	Tim	Lincoln	15:14	04:30	19:44	
16	Marcus	Tillotson	15:15	03:30	18:45	
17	Carl	Heap	15:17	04:00	19:17	
18	Martin	Potter	15:19	01:15	16:34	
19	Steve	Wright	15:20	08:15	23:35	
20	Bruce	Weber	15:29	01:30	16:59	Fastest veteran
21	Paul	Belkin	15:29	05:45	21:14	
22	Andrew	Hudson	15:30	05:00	20:30	
23	Alan	Dickson	15:32	04:15	19:47	
24	Dave	Walton	15:38	02:45	18:23	
25	Jacob	Howe	15:38	02:00	17:38	
26	Ronan	Manly	15:39	04:45	20:24	
27	Alex	Mitchell (guest)	15:40	01:30	17:10	
28	Laurence	Fryer	15:46	08:15	24:01	
29	Nik	Skipper	15:47	04:30	20:17	
30	Peter	Hanson	15:52	05:30	21:22	
31	Tony	Hills	15:53	07:30	23:23	
32	Gavin	Evans	15:57	02:15	18:12	
33	Graham	Asher	15:58	05:30	21:28	
34	Charlie	Swan	15:59	06:00	21:59	

35	Ken	Townson	16:01	03:45	19:46	
36	Pieter	van der Zee	16:07	03:00	19:07	
37	Jon	Thornton	16:11	04:15	20:26	
38	Lloyd	Maddock	16:13	02:00	18:13	
39	Andrew	Conway	16:18	03:30	19:48	
40	Julian	Ferraro	16:21	02:30	18:51	
41	Simon	Turnbull (guest)	16:27	05:30	21:57	
42	Russell	Weston	16:54	04:15	21:09	
43	Paul	McCrossin	16:55	03:00	19:55	
44	Francis	Pawlowski	17:01	08:15	25:16	
45	Bill	Gilby	17:07	04:00	21:07	
46	Paul	Harvey	17:15	05:15	22:30	
47	Jack	Leverton	17:29	02:45	20:14	
48	Nigel	Tonks (guest)	18:42	02:30	21:12	
49	Jerry	Odlin	DNF	06:00	DNF	

**Course record